

3630 Hobson Rd, Fort Wayne



344 North Main,
Columbia City



3702 S Clinton, Fort Wayne



"Motivated by the
love of Christ..."

A *hope* CENTER

One mission.

3 Locations.

You Matter. We Care.

-Michelle Schoenefeld



PREGNANCY RESOURCE CENTER

DIRECTORS:

EXECUTIVE DIRECTOR:

Michelle Schoenefeld

DIRECTOR OF MEDICAL SERVICES &
EDUCATION: **Leann Fritch**

DIRECTOR OF OPERATIONS
& EFFICIENCY: **Pamela Anderson**





A Man and His **FATHERHOOD**

2ND AND 4TH THURSDAYS 7-8PM

EARN A \$100 GIFT CARD!



3630 HOBSON RD. FORT WAYNE, IN 46815
CALL 260-422-3544

JOIN GROUP LEADER, CRAIG

Craig understands the pressure of today's fathers. He has many years of experience leading and discipling men and has recently joined A Hope Center's team to lead our Men of Hope Group!

Men of *hope*

for fathers and fathers-to-be

Join us for educational classes, open group discussions, and bible studies!

Earn Bonus Bucks when you attend!

Tuesdays 7-8pm



A *hope* CENTER

GROUP PARENTING CLASS

A place for moms, dads, or both to come for support along their parenting journey. Light meal provided!

2nd and 4th Thursday each month
from 6:00-7:00 pm

3630 Hobson Road
Fort Wayne, IN 46815

GROUP LEADER: HEATHER

Heather is a mother of 3, who has been at A Hope Center for 10+ years and leading Group Parenting Class for over 8 years.



A *hope* CENTER

GRIEF & LOSS SUPPORT

A group for those seeking peer support
along their pregnancy loss and grief
journey. Refreshments provided.

Mondays from 5:00-6:00 pm

3630 Hobson Road
Fort Wayne, IN 46815

One-on-one
support available
as needed



GROUP LEADER: EMMA, BSW
Emma has a background in Social Work,
and is trained and certified through Life
Perspectives Reproductive Grief Care.



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STRONGER THAN YOU THINK

Teen Moms Group

A place for young moms to find support and connection while learning about pregnancy and parenting. Refreshments will be provided.

Wednesdays from 3:30-4:30 pm

344 N Main Street
Columbia City, IN 46725

GROUP LEADER: EMMA, BSW
Emma's background is in Social Work. She is passionate about working with teens and young adults and creating a safe space for connection.



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UNA CLASE GRUPAL PARA LOS PADRES

En Español

Un lugar donde padres y madres pueden venir para obtener apoyo y educación acerca del embarazo y la crianza de un niño. Aperitivos ligeros.

El segundo y cuarto jueves
de cada mes, 7-8 de la noche

3630 Hobson Road
Fort Wayne, IN 46815

GROUP LEADER: Rachel, PA-C
Rachel es una asociada medica (physician assistant). Se graduó de la universidad con grados en español y medicina. Ha vivido y estudiado en España, y ella habla español.



¿Hablas español?





A *hope* CENTER

ALL THINGS NEW

NEW BELIEVERS BIBLE STUDY

A bible study for those seeking to know God and learn the truths of the Bible, as well as the hope that Jesus Christ provides through His saving grace. We would also love to help you get connected to a local church.

A light meal will be provided.

*"Seek the Lord while He
may be found, call upon
Him while He is near."
Isaiah 55:6*

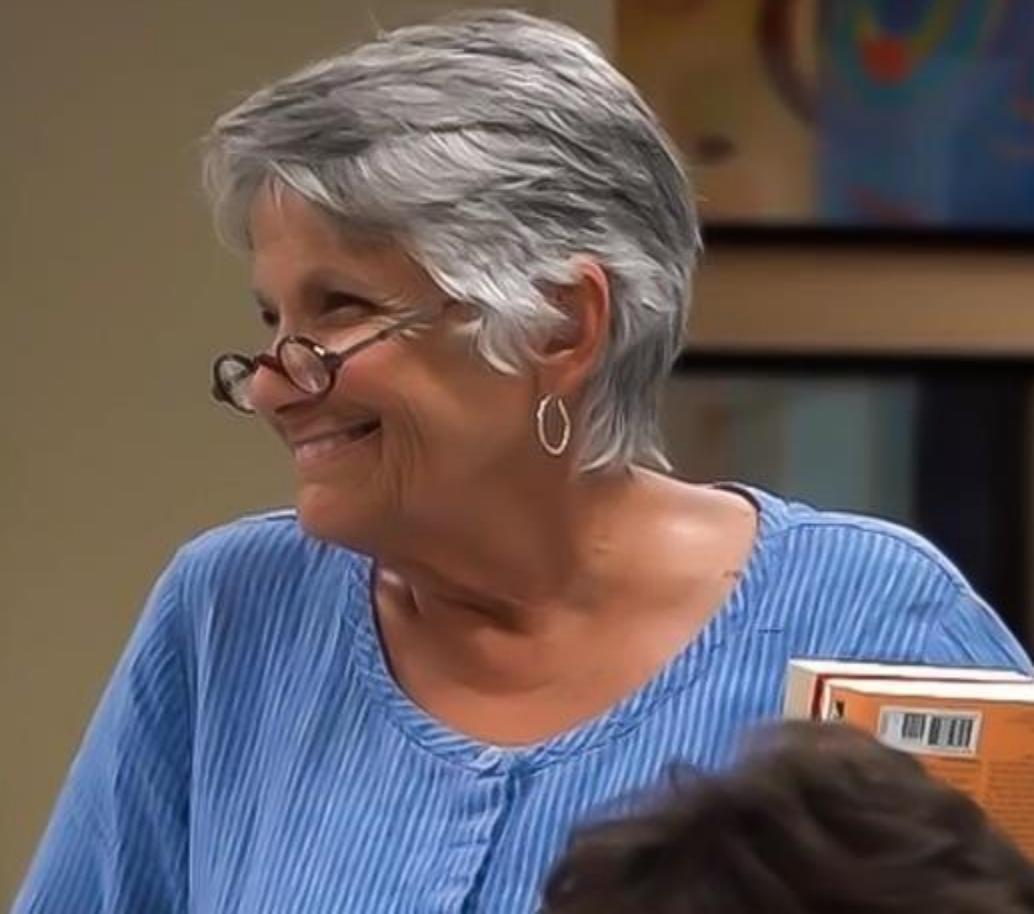
TUESDAYS @ 4-5 PM

3702 S Clinton Street
Fort Wayne, IN 46806



GROUP LEADER: SUE, RN

Sue has 30+ years of leading bible studies, and 30+ years of experience in nursing. She has been with A Hope Center for over 18 years. She has 4 children and 11 grandchildren with her husband of 56 years.



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MOCHA MAMAS

Ask Nurse Anna

Come chat over coffee and snacks! Talk with other mamas and bring Nurse Anna all your pregnancy, parenting, and health related questions.

Thursdays @ 12:30-1:30 pm

3630 Hobson Road
Fort Wayne, IN 46815

NURSE ANNA, BSN, RN

- Former NICU Nurse
- Former Clinical Nursing Educator for IWU
- Mother of 4 children
- 10+ Years at A Hope Center



A *hope* CENTER

Low Impact EXERCISE CLASS

Come join the fun while keeping healthy and strong. Carpet squares provided, or bring your own exercise mat. Refreshments provided.

Every other Thursday @ 1:45 pm

3702 S Clinton Street
Fort Wayne, IN 46806

INSTRUCTOR: SHELLIE

A mother of 4 and grandmother of 5, Shellie has been married for 32 years. She has taught aerobics, personal training, and barre classes for 30 years.



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STRIDES OF HOPE

A annual fundraising walk to support the ministries of a Hope Center.

August 19th 8:30am

Morsches Park
1035 IN-205 #205
Columbia City, IN 46725



A **hope** CENTER

PREVENTION PROGRAM

A Hope Center's Prevention Program leaders are certified through Ascend as Sexual Risk Avoidance Specialists. Our program specialists schedule...

- tours and educational classes to our centers (Fridays only)
- educational sessions in your classroom
- speaking at churches and youth groups

SCHEDULE IN ALLEN COUNTY



LEANN FRITCHA, RN, SRAS
Director of Medical Services &
Sexual Risk Avoidance Specialist

✉ LFritcha@ahcfriends.org
☎ Office: 260-422-3544
☎ Cell: 260-433-6700

OR



DOMINIQUE NETTLES, LPN, SRAS
Staff Nurse & Sexual Risk Avoidance
Specialist

✉ DominiqueNettles@ahcfriends.org
☎ Office: 260-422-3544
Mondays and Tuesdays ONLY

SCHEDULE IN WHITLEY COUNTY



HEIDI KRAHN, RN, SRAS
Nurse Educator & Sexual Risk
Avoidance Specialist

✉ HKrahn@ahcfriends.org
☎ Office: 260-244-7779
☎ Cell: 260-222-8002

YOU MATTER. WE CARE.



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A HOPE IN ONE

Golf Outing

A brand new fundraising event
designed for the whole family.
\$100 per person for a full 18
holes and the chance to win
amazing prizes.

June 27th 11a

1502 Illinois Road
Fort Wayne, IN 46814



A *hope* CENT

HEARTBEAT INTERNATIONAL

Louisville

Continually educating and
keeping our staff up to date!



A *hope* CENT

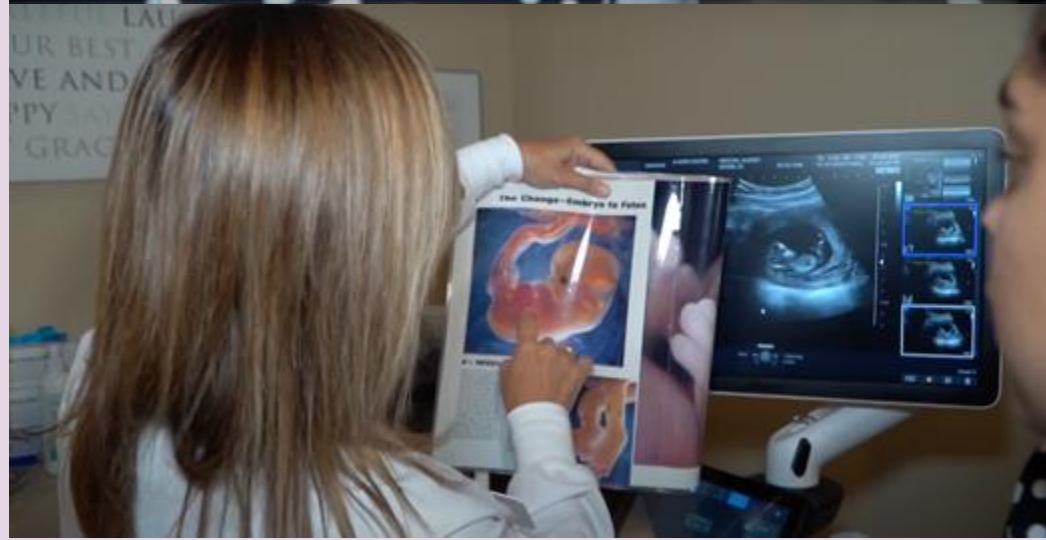
PREGNANCY + STI TESTING

A Hope Center offers free pregnancy and STI testing at all 3 centers



A *hope* CENTER
**FIRST
TRIMESTER
ULTRASOUNDS**

A window into the mother's womb.
Offered at all three A Hope Center
locations.



A *hope* CENTER

safe sleep





**A Hope Center
Board, Staff,
Interns, and
Volunteers 2023**



We can't do it without you

***Volunteer
Positions
Open!***

***Call us today to learn
more: 422.3544***

