

3630 Hobson Rd, Fort Wayne



344 North Main,  
Columbia City



3702 S Clinton, Fort Wayne



"Motivated by the  
love of Christ..."

A *hope* CENTER

One mission.  
3 Locations.

You Matter. We Care.  
-Michelle Schoenefeld



PREGNANCY RESOURCE CENTER

## **DIRECTORS:**

EXECUTIVE DIRECTOR:

**Michelle Schoenefeld**

DIRECTOR OF MEDICAL SERVICES &  
EDUCATION: **Leann Fritch**

DIRECTOR OF OPERATIONS  
& EFFICIENCY: **Pamela Anderson**





## A Man and His **FATHERHOOD**

**2ND AND 4TH THURSDAYS 7-8PM**

**\*EARN A \$100 GIFT CARD!\***



3630 HOBSON RD. FORT WAYNE, IN 46815  
CALL 260-422-3544

**JOIN GROUP LEADER, CRAIG**

Craig understands the pressure of today's fathers. He has many years of experience leading and discipling men and has recently joined A Hope Center's team to lead our Men of Hope Group!

# Men of *hope*

for fathers and fathers-to-be

Join us for educational classes, open group discussions, and bible studies!

*Earn Bonus Bucks when you attend!*

*Tuesdays 7-8pm*



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# Burmese Translated GROUP PARENTING CLASS

A place for parenting support, education,  
and baby supplies! Snacks provided.

Alternating 1:45pm and 3:30pm  
every other Thursday

3702 S Clinton Street  
Fort Wayne, IN 46806



**GROUP LEADER: BRENDA, PA-C**  
Brenda is a physician assistant with dual master's degrees and 25 years of experience in Fort Wayne, Detroit, and North Africa. Brenda works alongside a translator to give our Burmese clients the same care and education A Hope Center has always provided.



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**မြန်မာ ဘာသာပြန် နှင့် လုပ်ဆောင်သော မိဘ အုပ်ထိမ်း စောင့်ရှောက်မှု သင်တန်း**

မိဘ အုပ်ထိမ်း စောင့်ရှောက်မှု အတွက် ကူညီခြင်း၊ ပညာရေးခြင်း နှင့် ဓလေ့များ တွက် လိုအပ်သည်များ ကို ပိုမိုခြင်း၊  
သင်တန်းများသည် ထားရှိ ဖော်ပြထား  
မေ့လျော့ - စာနိဂ္ဂ ဖြစ်နိုင် တွင် တစ်ပြိုင် ဝန်ဆောင်မှု ပြုဆောင်ထား တစ်လကြား တစ်လကြား ဖြစ်လုပ် ဖော်ပြခြင်း  
၇၇၅ ဘေးကင်းစွာ တက်ရောက်နိုင်

**ခေါင်းစဉ်** - ဘာလို့ပါပဲဟောမိန်း (အဘိဓာန်မှန် မရလျှင် လက်ခံထားရ)  
ဘာလို့ပါပဲဟောမိန်း သည် အချုပ်အခြာ လုပ်ဆောင်ခြင်း ဖြစ်ပြီး မဟာ ဘွဲ့ နှင့် နှစ်ခု ရရှိထားသူ ဖြစ်သည်။ မိန်း ဖြစ်ပြီး ဘွဲ့ နှင့် အားကစား ဘွဲ့ကို ပြုလုပ်ခြင်း ဖြစ်သည်။ ဘွဲ့ နှင့် တာ အတွက် အခြား နိုင်ငံများ အတွက် စိတ်ပါ သက်သေ ဖော်ပြချက်များ ဖြစ်သည်။ မိန်း ဖြစ်ပြီး တွင် သက်သေ ဖြစ်ပြီး ဘွဲ့များ အတွက် လိုအပ်သည့် အချက်များ ဖြစ်သည်။ ယူဆချက် (မိန်း ဘွဲ့ နှင့် ဘွဲ့များ မရလျှင်) လုပ်ဆောင်နိုင်သော ဘွဲ့ နှင့် မိဘ အုပ်ထိမ်း စောင့်ရှောက်မှု ပညာရေး မြှင့်တင်ရေး အဖွဲ့အစည်း နှင့် အတူ လုပ်ဆောင်ပေးလျက်ရှိပါသည်။

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# GROUP PARENTING CLASS

A place for moms, dads, or both to come for support along their parenting journey. Light meal provided!

2nd and 4th Thursday each month  
from 6:00-7:00 pm

3630 Hobson Road  
Fort Wayne, IN 46815

## GROUP LEADER: HEATHER

Heather is a mother of 3, who has been at A Hope Center for 10+ years and leading Group Parenting Class for over 8 years.



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# GRIEF & LOSS SUPPORT

A group for those seeking peer support  
along their pregnancy loss and grief  
journey. Refreshments provided.

Mondays from 5:00-6:00 pm

3630 Hobson Road  
Fort Wayne, IN 46815

One-on-one  
support available  
as needed



**GROUP LEADER: EMMA, BSW**  
Emma has a background in Social Work,  
and is trained and certified through Life  
Perspectives Reproductive Grief Care.



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# STRONGER THAN YOU THINK

Teen Moms Group

A place for young moms to find support and connection while learning about pregnancy and parenting. Refreshments will be provided.

Wednesdays from 3:30-4:30 pm

344 N Main Street  
Columbia City, IN 46725

**GROUP LEADER: EMMA, BSW**  
Emma's background is in Social Work. She is passionate about working with teens and young adults and creating a safe space for connection.



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# UNA CLASE GRUPAL PARA LOS PADRES

*En Español*

Un lugar donde padres y madres pueden venir para obtener apoyo y educación acerca del embarazo y la crianza de un niño. Aperitivos ligeros.

El segundo y cuarto jueves  
de cada mes, 7-8 de la noche

3630 Hobson Road  
Fort Wayne, IN 46815

**GROUP LEADER: Rachel, PA-C**  
Rachel es una asociada medica (physician assistant). Se graduó de la universidad con grados en español y medicina. Ha vivido y estudiado en España, y ella habla español.



## ¿Hablas español?







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# ALL THINGS NEW

## NEW BELIEVERS BIBLE STUDY

A bible study for those seeking to know God and learn the truths of the Bible, as well as the hope that Jesus Christ provides through His saving grace. We would also love to help you get connected to a local church.

A light meal will be provided.

*"Seek the Lord while He  
may be found, call upon  
Him while He is near."  
Isaiah 55:6*

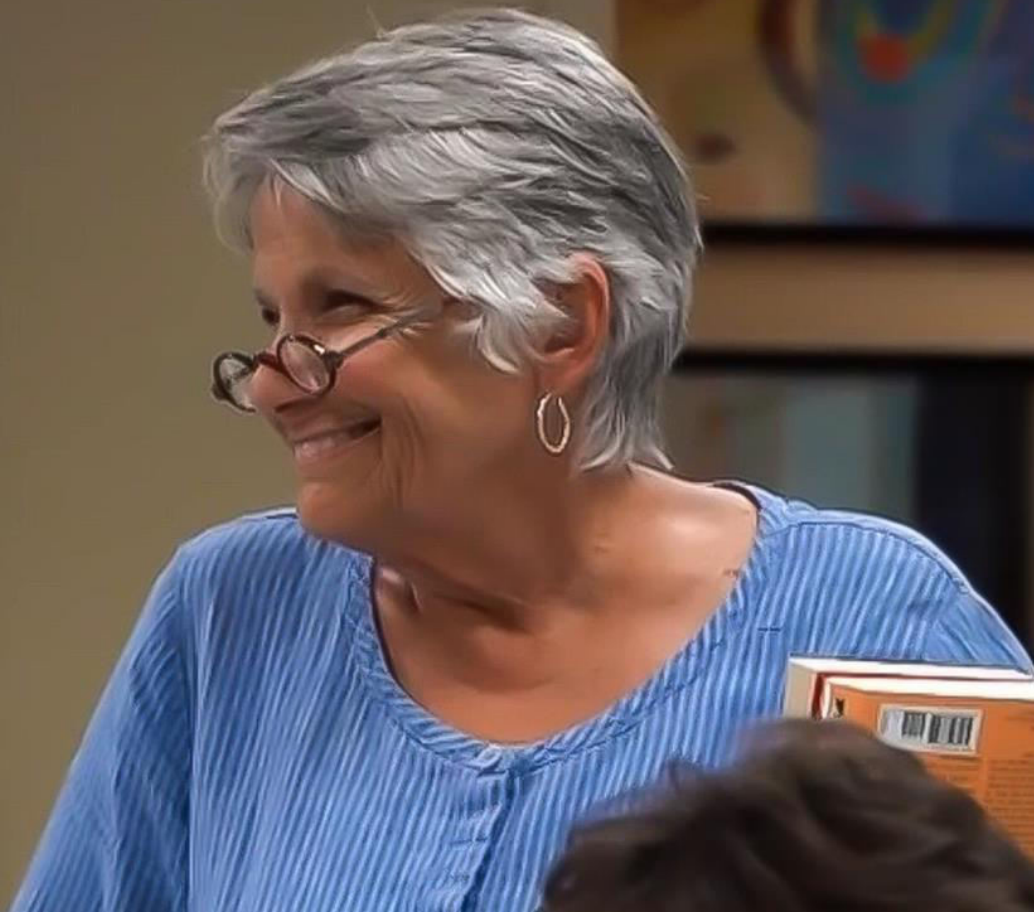
TUESDAYS @ 4-5 PM

3702 S Clinton Street  
Fort Wayne, IN 46806



### GROUP LEADER: SUE, RN

Sue has 30+ years of leading bible studies, and 30+ years of experience in nursing. She has been with A Hope Center for over 18 years. She has 4 children and 11 grandchildren with her husband of 56 years.



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# MOCHA MAMAS

*Ask Nurse Anna*

Come chat over coffee and snacks! Talk with other mamas and bring Nurse Anna all your pregnancy, parenting, and health related questions.

Thursdays @ 12:30-1:30 pm

3630 Hobson Road  
Fort Wayne, IN 46815

NURSE ANNA, BSN, RN

- Former NICU Nurse
- Former Clinical Nursing Educator for IWU
- Mother of 4 children
- 10+ Years at A Hope Center



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# Low Impact EXERCISE CLASS

Come join the fun while keeping healthy and strong. Carpet squares provided, or bring your own exercise mat. Refreshments provided.

Every other Thursday @ 1:45 pm

3702 S Clinton Street  
Fort Wayne, IN 46806

## INSTRUCTOR: SHELLIE

A mother of 4 and grandmother of 5, Shellie has been married for 32 years. She has taught aerobics, personal training, and barre classes for 30 years.



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# STRIDES OF HOPE

A annual fundraising walk to support the ministries of a Hope Center.

August 19th 8:30am

Morsches Park  
1035 IN-205 #205  
Columbia City, IN 46725



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## PREVENTION PROGRAM

A Hope Center's Prevention Program leaders are certified through Ascend as Sexual Risk Avoidance Specialists. Our program specialists schedule...

- tours and educational classes to our centers (Fridays only)
- educational sessions in your classroom
- speaking at churches and youth groups

### SCHEDULE IN ALLEN COUNTY



**LEANN FRITCHA, RN, SRAS**  
Director of Medical Services &  
Sexual Risk Avoidance Specialist

✉ LFritcha@ahcfriends.org  
☎ Office: 260-422-3544  
☎ Cell: 260-433-6700

OR



**DOMINIQUE NETTLES, LPN, SRAS**  
Staff Nurse & Sexual Risk Avoidance  
Specialist

✉ DominiqueNettles@ahcfriends.org  
☎ Office: 260-422-3544  
Mondays and Tuesdays ONLY

### SCHEDULE IN WHITLEY COUNTY

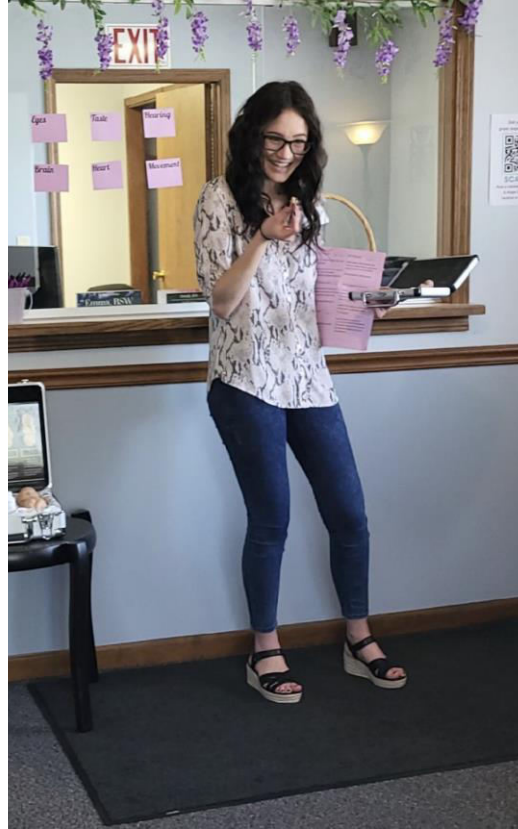


**HEIDI KRAHN, RN, SRAS**  
Nurse Educator & Sexual Risk  
Avoidance Specialist

✉ HKrahn@ahcfriends.org  
☎ Office: 260-244-7779  
☎ Cell: 260-222-8002



YOU MATTER. WE CARE.



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# A HOPE IN ONE

## Golf Outing

A brand new fundraising event  
designed for the whole family.  
\$100 per person for a full 18  
holes and the chance to win  
amazing prizes.

June 27th 11a

1502 Illinois Road  
Fort Wayne, IN 46814



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# HEARTBEAT INTERNATIONAL

*Louisville*

Continually educating and  
keeping our staff up to date!



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# PREGNANCY + STI TESTING

A Hope Center offers free pregnancy and STI testing at all 3 centers

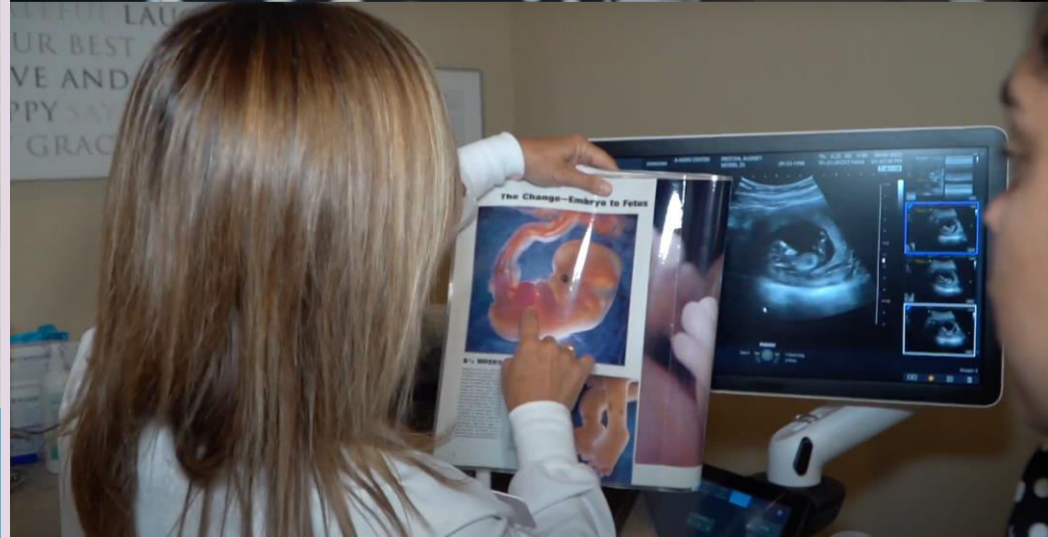




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# FIRST TRIMESTER ULTRASOUNDS

A window into the mother's womb.  
Offered at all three A Hope Center locations.



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# safe sleep





A Hope Center  
Board, Staff,  
Interns, and  
Volunteers 2023



*We can't do it without you*

***Volunteer  
Positions  
Open!***

***Call us today to learn  
more: 422.3544***

